







































































PRIME®

EXCLUSIVE WELLNESS

WATER

LUNEDI	10:00-10:55 STEP & GYM  	13:10-14:05 WATER FUNCTIONAL  	15:00-15:55 WATER CIRCUIT  	18:10-18:50 PRIME INTERACTIVE (in sala)   	19:00-19:40 WATER PRIME INTERACTIVE (in acqua)   	20:00-20:55 FOLLOW ME SWIM   		
MARTEDI	09:30-10:25 WATER TONE  	13:15-14:10 WATER FIT 	18:00-18:55 CIRCUIT TRAINING ADVANCED   	19:00-19:55 WALK & STEP  	20:00-20:55 SWIMMING ACADEMY ADVANCED   			
MERCOLEDI	10:00-10:55 WATER CIRCUIT  	13:30-14:25 CIRCUIT TRAINING   	16:00-16:55 WATER TONE  	18:00-18:55 WATER GAG 	18:10-18:50 PRIME INTERACTIVE (in sala)   	19:00-19:40 WATER PRIME INTERACTIVE (in acqua)   	20:15-21:10 CROSS GYM  	
GIOVEDI	10:00-10:55 STEP & GYM  	13:00-13:55 CARDIOFIT 	18:00-18:55 CIRCUIT TRAINING ADVANCED   	19:00-19:55 WATER FIT 	20:00-20:55 FOLLOW ME SWIM   			
VENERDI	11:00-11:55 WATER FUNCTIONAL  	13:30-14:25 WATER TONE  	16:00-16:55 WALK & STEP  	18:00-18:55 CARDIOFIT 	19:00-19:55 WATER GAG 	20:00-20:55 SWIMMING ACADEMY ADVANCED   		
SABATO	10:45-11:40 WATER CIRCUIT  	12:00-12:55 WATER FIT 	16:00-16:55 CROSS GYM  					
DOMENICA	11:00-11:55 CARDIOFIT 	16:00-16:55 WATER FUNCTIONAL  						

ORARIO VALIDO DAL 23/12/2017 AL 01/04/2018

I CORSI DI WALK&STEP, CROSS GYM, PRIME INTERACTIVE

(e WATER PRIME INTERACTIVE), CIRCUIT TRAINING ADV.e SWIMMING ACCADEMY ADV.

RICHIEDONO LA PRENOTAZIONE ONLINE: MYCLUB.PRIMEFITNESS.IT

